

US HISTORY 1-2 ELL

This course has a special focus on language development, but content and standards are the US History standards. This course continues the study of United States history from 1914 to present. Students address the social, economic and political development of the nation and relate it to both past and present. Instruction is organized around the themes of geography, history, culture and the elements of citizenship. Students investigate these themes using textbooks, newspapers, novels, primary sources and technology. This course meets the district requirement for US History.

Prerequisites: Concurrent enrollment in ESL 3-4 or ESL 5-6

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 9, 10, 11, 12

ESL SCIENCE PREP 1-2

This course is designed to teach science vocabulary in English as well as basic scientific content in preparation for mainstream Science courses. This course does not meet the science requirements for graduation.

Prerequisites: ESL students level 1-2 only

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 9, 10, 11, 12

PHYSICAL SCIENCE 1-2 ELL

This course has a special focus on language development, but content and standards are the Physical Science 1-2 standards. This course engages students in inquiry-based problem solving as they investigate Physical Science issues that are relevant to their daily lives. Topics of study include: matter, energy, forces and motion, Earth in space, and Earth structures and processes. This course provides a foundation for other science courses. This course meets the district requirement for biology.

Prerequisites: Concurrent enrollment in ESL 3-4 or ESL 5-6

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 9, 10, 11, 12

ESL TUTORIAL

This is a resource offered to every ESL student in place of a mainstream study hall. Resources, study skills, as well as one-on-one assistance is available to support students in their mainstream classes.

NEWCOMER CENTER

This is offered at the Omaha Public Schools Career Center and includes only level 1-2 ESL students who do not know any English and who enroll in Central at least four weeks after the beginning of a semester. Elective credit is given in relation to the hours spent there.

FAMILY AND CONSUMER SCIENCES DEPARTMENT

Family and Consumer Sciences empower individuals and families across the life-span to manage the challenges of living and working in a diverse, global society. The work and family relationship is a unique focus of the discipline. The study of Family and Consumer Sciences helps the student develop an understanding of how individuals interact with others and with their surroundings; how

individuals cope with change; and how individuals learn to manage his/her life in a meaningful way.

Ms. Candi Kadar – 402.557.3356

Required Course:

Human Growth and Development (one semester)

Honors Courses:

Honors Human Growth and Development

Honors Introduction to Education 1-2 (Dual Enrollment)

Honors Early Childhood Development 1-2 (Dual Enrollment)

Honors Early Childhood Development 3-4 (Dual Enrollment)

Elective Courses:

Clothing and Textiles 1-2

Clothing and Textiles 3-4

Clothing Design Workshop

Creative Textiles (one semester)

CAD Design Fashion 1-2

CAD Design Fashion 3-4

CAD Housing/Interior Design

Parenting (one semester)

Family Living 1-2

Foods and Nutrition 1-2

Culinary Skills 1-2

Sports Nutrition (one semester)

Foundations of Healthcare

Independent Study FCS 1-2

Teen Parenting 1-2

Teen Parenting 3-4

Teen Parenting 5-6

Teen Parenting 7-8

HUMAN GROWTH AND DEVELOPMENT

This course helps senior high students acquire responsible decision-making skills related to wellness, communication skills, healthy relationships, preventing abuse, chemical usage, sexuality, prenatal care, etc. All senior high school students are required to enroll in one of the Human Growth and Development courses, but a parent/guardian may choose to opt out his/her student. (Year)

Prerequisites: None

Duration: 1 semester

Credit: 1

Grade Level: 10, 11

HONORS HUMAN GROWTH AND DEVELOPMENT

This honors course helps high students acquire responsible decision-making skills related to wellness, communication, healthy relationships, preventing abuse, chemical usage, sexuality, prenatal care, etc. Expectations include additional reading assignments and more in-depth projects than the regular Human Growth course. All senior high school students are required to enroll in one of the Human Growth and Development courses, but a parent/guardian may choose to opt out his/her student. (Honor's Credit). One class will meet every other day all year, opposite the honors science labs and the other will meet every day for a semester.

Prerequisites: None

Duration: 2 semesters every other day OR 1 semester every day

Credit: .5 per semester every other day OR 1 per semester every day

Grade Level: 10, 11

HONORS INTRODUCTION TO EDUCATION 1-2

This course will expose students to the education profession through an introduction to preservice preparation, societal influences on education, classroom practices, and the governance structures which impact teachers and schools. This course is aligned with a dual enrollment opportunity for eligible students. A field experience is encouraged.

Prerequisites: None

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 11, 12

INDEPENDENT STUDY FCS 1-2

This course is designed for students interested in pursuing advanced studies in one of the areas of Family and Consumer Sciences for which there are no further advanced courses. The student and teacher will work together to design long-term projects and learning goals. Teacher permission required.

Prerequisites: Permission by department chair

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 11, 12

CLOTHING AND TEXTILES 1-2

This course provides hands-on instruction in sewing construction, selection and purchasing of ready to wear, fabric and textiles, clothing care and maintenance, and related careers.

Prerequisites: None

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 9, 10, 11, 12

CLOTHING AND TEXTILES 3-4

This course provides hands-on skills in sewing construction techniques, fashion trends, consumer skills, fiber and fabric characteristics, alterations, design principles, and wardrobe planning.

Prerequisites: Clothing and Textiles 1-2 with a grade of "C" or better strongly recommended

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 10, 11, 12

CLOTHING DESIGN WORKSHOP

This course is designed for students interested in pursuing advanced study in the fashion and textile industry. It provides students with hands on opportunities in garment design and construction, Students will develop a portfolio including fashion sketches, fabrics and photo of completed designed garments. Designing, pattern making, draping and clothing construction are included in this class.

Prerequisites: Clothing and Textiles 3-4 with a grade of "C" or better strongly recommended

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 11, 12

CREATIVE TEXTILES

This course studies the use of textiles to create design; included in this project-oriented class are: surface applications, dyeing textiles, multicultural influences, and quilting.

Prerequisites: None

Duration: 1 semester

Credit: 1

Grade Level: 9, 10, 11, 12

CAD DESIGN FASHION 1-2

This course focuses on the creative and technical skills needed in the fashion industry. Hands-on projects will help to teach the elements and principles of design, textiles, influences throughout history and garment design.

Prerequisites: None

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 9, 10, 11, 12

CAD DESIGN FASHION 3-4

This course expands the concepts learned in Fashion 1-2. Topics will include: surface design rendering, computer design, fashion illustration, costuming and career dressing. These concepts will be included in a portfolio and/or presentation boards.

Prerequisites: Successfully completed CAD Design Fashion 1-2

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 10, 11, 12

CAD HOUSING/INTERIOR DESIGN

This course explores housing selection and interior design through hands-on projects. Students will design interior renderings, floor plans, furniture arrangements, window treatments, and storage considering the elements and principles of design.

Prerequisites: None

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 9, 10, 11, 12

PARENTING

This course prepares students for the future role of parent. It discusses considerations of when to parent, the costs involved, how to discipline children, create a healthy home environment and raise a healthy child.

Prerequisites: None

Duration: 1 semester

Credit: 1

Grade Level: 9, 10, 11, 12

CHILDHOOD DEVELOPMENT 1-2

This course introduces students to the challenges and responsibilities of guiding the physical, emotional, social and intellectual development of children.

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 9, 10, 11, 12

HONORS EARLY CHILDHOOD DEVELOPMENT 1-2

This honors course introduces the challenges and responsibilities of guiding the physical, emotional, social and intellectual development of children. This course is aligned with a dual credit opportunity and is a required course for the Early Childhood Career Pathway.

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 10, 11, 12

HONORS EARLY CHILDHOOD DEVELOPMENT 3-4

This second year honors course provides an opportunity to study children and how to work with them beyond the Early Childhood Development 1-2 course. The class includes a study of the characteristics and immediate needs of young children and helps students plan developmentally sound activities for them. Working with children in a child care, or school setting is an integral part of this course. This course is recommended for those students planning to pursue a career which involves working with children. This course is aligned with a dual credit opportunity and is a required course for the Early Childhood Career Pathway.

Prerequisites: Honors Early Childhood Development 1-2 with a grade of "C" or better is strongly recommended.

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 11, 12

FAMILY LIVING 1-2

This course focuses on the family as the basic unit of society, recognizing the diversity and responsibilities included in maintaining a strong family. Skills are strengthened in resource management, decision-making, communication skills, developing healthy relationships, and crisis management.

Prerequisites: None

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 10, 11, 12

FOODS AND NUTRITION 1-2

This course introduces nutrition, wellness and food preparation skills to students. The course involves the study of cultural and social aspects of nutrition and food time management.

Prerequisites: None

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 9, 10, 11, 12

CULINARY SKILLS 1-2

This course introduces professional skills related to the culinary industry including basic cooking procedures, kitchen safety and sanitation, tool and equipment usage, and preparation of stocks and sauces. Students will apply these skills through catering projects and experiences.

Prerequisites: Foods 1-2 with a grade of "C" or higher, or permission by department chair

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 10, 11, 12

SPORTS NUTRITION

This course focuses: training diets, planning pre-competition meals, ideal weight ranges and body composition, carbohydrate loading, special nutritional needs of athletes, supplements and drugs, nutrition related health problems in sports, body fluid balance and the importance of water, eating disorders, how to gain/lose weight, ergogenic acids and the relationships between calorie needs and physical education.

Prerequisites: None

Duration: 1 semester

Credit: 1

Grade Level: 10, 11, 12

FOUNDATIONS OF HEALTHCARE

Introduction to Health Science is designed to give an overview of the therapeutic, diagnostic, support services, biotechnology & research and health informatics pathways. The course focuses on health careers, exploration, leadership development, medical terminology, ethical and legal responsibilities, the history of health care and the economics of health care.

Prerequisites: Biology 1-2

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 10, 11, 12

TEEN PARENTING 1-2

TEEN PARENTING 3-4

TEEN PARENTING 5-6

TEEN PARENTING 7-8

This course helps pregnant or parenting students work toward better parenting skills. Students analyze the roles and responsibilities of parents, families, and other caregivers in the development of healthy infants and children. Emphasis for these teen parents is placed on taking responsibility for personal choices, school success and future employment.

Prerequisites: Pregnant or a teen parent

Duration: 2 semesters

Credit: 1 per semester

Grade Level: 9, 10, 11, 12